Different Ways to Tell Someone

Practice choosing between talking, drawing, pointing and writing.

WHY THIS ACTIVITY EXISTS

This two-page kit helps with everyday communication or practical preparation. It is not an assessment or a clinical exercise. If your child is not interested, skip it.

HOW TO USE IT TOGETHER

Do not demand an explanation. Offer access to communication methods familiar to your child, including nonverbal options.

THREE SMALL STEPS

1. Circle a way of sharing that works for you. 2. Choose one short sentence or picture card. 3. Practice with a grown-up you trust, if you want.

WORDS TO TRY

Say something like: “I can show you another way.” Let your child change the words, point, draw, or decline.

WHEN TO STOP

This activity is not a substitute for interpreting a disclosure or providing clinical or safeguarding support.

MAKE IT ACCESSIBLE

Read aloud, write for your child, use pointing, or do just one part. This is a conversation invitation, not homework.

Different Ways to Tell Someone

This page is yours. You can change it, skip it, or make it your own.

1 Circle a way of sharing that works for you.

2 Choose one short sentence or picture card.

3 Practice with a grown-up you trust, if you want.

MY DRAWING OR NOTES

You may want to choose:

[ ] Say it aloud

[ ] Draw it

[ ] Write it

[ ] Point to a picture